

Rogers Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 16 WG CHICKEN RINGS MASHED POTATOES PEAS & CARROTS FRUIT JUICE MILK choice	Jun - 17 CHARBURGER FRENCH FRIES SEASONED GREEN BEAN WG CHOC CHIP MINI COOKIES FRESH FRUIT MILK choice	Jun - 18 CHICK'N QUESADILLA SALSA REFRIED BEANS FIESTA RICE FRESH FRUIT MILK choice	Jun - 19 DELI TURKEY MINI SUB BAKED CHIPS LETTUCE LEAF PICKLE SLICES BABY CARROTS CELERY STICKS FRESH FRUIT MILK choice	Jun - 20 TONY'S CHEESE PIZZA BROCCOLI SPEARS SWEET CORN FRESH FRUIT MILK choice
Jun - 23 WG MINI CORN DOGS SWT POTATO WAFFLE FR SWEET CORN FRESH FRUIT MILK choice	Jun - 24 BBQ RIB HOAGIE PORK AND BEANS MIXED VEGETABLES FRESH FRUIT MILK choice	Jun - 25 WG POPCORN CHICKEN CURLY NOODLE CASSER CUCUMBERS & TOMATOE w/ Ranch Dressing LOW FAT RANCH DRESSI FRESH FRUIT MILK choice	Jun - 26 COMBO MINI SUB BAKED CHIPS LETTUCE LEAF PICKLE SPEAR BROCC & CARROTS LOW FAT RANCH DRESSI Mayonaise FRESH FRUIT MILK choice	Jun - 27 SLOPPY JOE ON A ROLL BAKED POTATO WEDGES SEASONED GREEN BEAN FRESH FRUIT MILK choice
Jun - 30 CRISPY CHICKEN SAND FRENCH FRIES BABY CARROTS LOW FAT RANCH DRESSI FRESH FRUIT MILK choice	Jul - 1 COMBO MINI SUB Mayonaise BAKED CHIPS COLE SLAW SANDWICH SALAD CUP FRESH FRUIT MILK choice	Jul - 2 TACO SALAD SALSA SWEET CORN APPLESAUCE MILK choice	Jul - 3 CHARBURGER LETTUCE LEAF PICKLE SLICES SWT POTATO WAFFLE FR PORK AND BEANS FRESH FRUIT FRUIT PUNCH SHAPE UP (KETCHUP \$ MUSTARD MILK choice	Jul - 4 HOLIDAY
Jul - 7 WG CHICKEN RINGS MASHED POTATOES PEAS & CARROTS FRUIT JUICE MILK choice	Jul - 8 CHARBURGER FRENCH FRIES SEASONED GREEN BEAN WG CHOC CHIP MINI COOKIES FRESH FRUIT MILK choice	Jul - 9 CHICK'N QUESADILLA SALSA REFRIED BEANS FIESTA RICE FRESH FRUIT MILK choice	Jul - 10 DELI TURKEY MINI SUB BAKED CHIPS LETTUCE LEAF PICKLE SLICES BABY CARROTS CELERY STICKS FRESH FRUIT MILK choice	Jul - 11 TONY'S CHEESE PIZZA BROCCOLI SPEARS SWEET CORN FRESH FRUIT MILK choice
Jul - 14 WG MINI CORN DOGS SWT POTATO WAFFLE FR SWEET CORN FRESH FRUIT MILK choice	Jul - 15 BBQ RIB HOAGIE PORK AND BEANS MIXED VEGETABLES FRESH FRUIT MILK choice	Jul - 16 WG POPCORN CHICKEN CURLY NOODLE CASSER CUCUMBERS & TOMATOE w/ Ranch Dressing LOW FAT RANCH DRESSI FRESH FRUIT MILK choice	Jul - 17 COMBO MINI SUB BAKED CHIPS LETTUCE LEAF PICKLE SPEAR BROCC & CARROTS LOW FAT RANCH DRESSI Mayonaise FRESH FRUIT MILK choice	Jul - 18 SLOPPY JOE ON A ROLL BAKED POTATO WEDGES SEASONED GREEN BEAN FRESH FRUIT MILK choice

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rogers Public Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Jul - 21 CRISPY CHICKEN SAND FRENCH FRIES BABY CARROTS LOW FAT RANCH DRESSI FRESH FRUIT MILK choice	Jul - 22 COMBO MINI SUB BAKED CHIPS BABY CARROTS & CELER SANDWICH SALAD CUP FRESH FRUIT MILK choice	Jul - 23 TACO SALAD SALSA SWEET CORN APPLESAUCE MILK choice	Jul - 24 WG CHICKEN NUGGETS VEG-RICE PILAF SEASONED GREEN BEAN Wheat Roll CHERRY TOMATOES FRESH FRUIT MILK choice	Jul - 25 CHARBURGER LETTUCE LEAF PICKLE SLICES SWT POTATO WAFFLE FR PORK AND BEANS FRESH FRUIT FRUIT PUNCH SHAPE UP (KETCHUP \$ MUSTARD MILK choice
Jul - 28 WG CHICKEN RINGS MASHED POTATOES PEAS & CARROTS FRUIT JUICE MILK choice	Jul - 29 CHARBURGER FRENCH FRIES SEASONED GREEN BEAN WG CHOC CHIP MINI COOKIES FRESH FRUIT MILK choice	Jul - 30 CHICK'N QUESADILLA SALSA REFRIED BEANS FIESTA RICE FRESH FRUIT MILK choice	Jul - 31 DELI TURKEY MINI SUB BAKED CHIPS LETTUCE LEAF PICKLE SLICES BABY CARROTS CELERY STICKS FRESH FRUIT MILK choice	Aug - 1 TONY'S CHEESE PIZZA BROCCOLI SPEARS SWEET CORN FRESH FRUIT MILK choice

MENUS MAY BE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.